



List of securities in the 2025 edition

Posted on January 13, 2025

Note

Next posting : February 7, 2025

The next posting will include
strike prices for the options.



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The 791 securities of the 2025 Bourstad Challenge are divided into 17 categories.

Participants who manage the **Bourstad Portfolio** can trade 681 securities:

- Shares of Canadian companies (286)
- Shares of US companies (150)
- Shares of Asian Companies(26)
- Shares of companies from Australia, South America and Africa (17)
- Shares of European companies (41)
- Exchange-Traded Index Funds – Canadian Equities (17)
- Exchange-traded Index funds – US and International Bonds (13)
- Exchange-traded Index funds – Canadian and International Bonds (32)
- Exchange-Traded Index Funds – Money Market (5)
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- Currencies(6)
- Actively Managed Mutual Funds (36)
- Commodity Funds (7)

Participants who manage a **Bourstad Plus Portfolio** may trade 110 additional securities:

- Exchange-traded leveraged index funds traded in Canada (10)
 - US leveraged index funds traded in the United States (28)
 - Options on Canadian Equities and ETFs (72)
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1. Securities of the *Bourstad Portfolio*

A. Shares of Canadian companies (286)

- 5N Plus (VNP:CA)
- Acadian Timber Corp (ADN:CA)
- ADF Group Inc. (DRX:CA)
- Advantage Oil & Gas (AAV:CA)
- AGF Management (AGF.B:CA)
- Agnico Eagle Mines (AEM:CA)
- Aimia (AIM:CA)
- Air Canada (AC:CA)
- Algoma Steel Group Inc. (ASTL:CA)
- Algonquin Power & Utilities Corp. (AQN:CA)
- Alimentation Couche-Tard Inc. (ATD:CA)
- AltaGas Ltd (ALA:CA)
- Altius Minerals Corporation (ALS:CA)
- Andrew Peller Ltd (ADW.A:CA)
- Aritzia Inc. Subordinate Voting Shares (ATZ:CA)
- Atco Ltd (ACO.X:CA)
- ATS Automation Tooling Systems Inc. (ATS:CA)
- Aurora Cannabis Inc. (ACB:CA)
- AutoCanada Inc. (ACQ:CA)
- Aya Gold & Silver Inc. (AYA:CA)
- B2Gold Corp. (BTO:CA)
- Badger Infrastructure Solutions Ltd. (BDGI:CA)
- Ballard Power (BLDP:CA)
- Bank of Montreal (BMO:CA)
- Bank of Nova Scotia (BNS:CA)
- Barrick Gold (ABX:CA)
- Bausch Health (formerly Valeant Pharmaceuticals International, Inc) (BHC:CA)
- Baytex Energy Corp. (BTE:CA)
- BCE Inc. (BCE:CA)
- BioSynt Inc (RX:CA)
- Bitfarms Ltd. (BITF:CA)
- Blackberry Ltd (BB:CA)
- BMTC Group Inc. (GBT:CA)
- Bombardier Inc. Class B (BBD.B:CA)
- Boralex (BLX:CA)
- Boston Pizza Royalties Income Fund (BPF.UN:CA)
- Boyd Group Services Inc. (BYD:CA)
- Brookfield Corporation (BN:CA)
- Brookfield Infrastructure Corporation Class A (BIPC:CA)
- Brookfield Renewable Corporation Class A (BEPC:CA)
- Brookfield Renewable Partners L.P. (BEP.UN:CA)
- BRP (DOO:CA)
- BTB Real Estate Investment Trust (BTB.UN:CA)
- CAE (CAE:CA)
- Calian Group Ltd. (CGY:CA)
- Cameco Corporation (CCO:CA)
- Canaccord Genuity Group Inc. (CF:CA)
- Canada Goose Holdings Inc. Subordinate Voting Shares (GOOS:CA)
- Canadian Apartment Properties REIT (CAR.UN:CA)
- Canadian Imperial Bank Of Commerce (CM:CA)
- Canadian Natural Resources (CNQ:CA)
- Canadian Pacific Railway Limited (CP:CA)
- Canadian Solar Inc (CSIQ:EGX)
- Canadian Tire Corporation Limited Class A (CTC.A:CA)
- Canadian Utilities (CU:CA)
- Canadian Western Bank (CWB:CA)
- Canfor Corporation (CFP:CA)
- Canopy Growth Corporation (WEED:CA)
- Capital Power Corp. (CPX:CA)
- Capstone Mining (CS:CA)
- Cargojet Inc (CJT:CA)
- Cascades (CAS:CA)
- CCL Industries Inc (CCL.B:CA)
- Celestica Inc. (CLS:CA)

Stock Market Simulation

- Cenovus Energy (CVE:CA)
- CGI Group (GIB.A:CA)
- Champion Iron Limited (CIA:CA)
- Chartwell Retirement Residences (CSH.UN:CA)
- Chemtrade Logistics Income Fund (CHE.UN:CA)
- Chorus Aviation Inc. (CHR:CA)
- CI Financial (CIX:CA)
- Cineplex Inc. (CGX:CA)
- Clarke Inc. (CKI:CA)
- CN (CNR:CA)
- Cogeco Cable (CCA:CA)
- Colabor Group Inc. (GCL:CA)
- Colliers International Group Inc. (CIGI:CA)
- Constellation Software Inc (CSU:CA)
- Converge Technology Solutions Corp. (CTS:CA)
- COSCIENS Biopharma Inc. (CSCI:CA)
- Coveo Solutions Inc. (CVO:CA)
- Critical Element Corporation (CRE:CA)
- Crombie REIT (CRR.UN:CA)
- Definity Financial Corporation (DFY:CA)
- dentalcorp Holdings Ltd. Subordinate Voting Shares (DNLT:CA)
- Descartes Systems Group (DSG:CA)
- DIRTT Environmental Solutions Ltd. (DRT:CA)
- DMG Blockchain Solutions Inc. (DMGI:CA)
- Docebo Inc. (DCBO:CA)
- Dollarama (DOL:CA)
- Doman Building Materials Group Ltd. (DBM:CA)
- Dorel Industries Inc. Class B (DII.B:CA)
- DREAM Unlimited Corp. Class A Subordinate Voting Shares (DRM:CA)
- DRI Healthcare Trust (DHT.UN:CA)
- Dye & Durham Limited (DND:CA)
- Dynacor Gold Mines Inc. (DNG:CA)
- EcoSynthetix Inc. (ECO:CA)
- E-L Financial Corporation Limited (ELF:CA)
- Eldorado Gold Corporation (ELD:CA)
- Element Fleet Management Corp (EFN:CA)
- Emera (EMA:CA)
- Empire Company (EMP.A:CA)
- Enbridge Inc. (ENB:CA)
- Enghouse Systems (ENGH:CA)
- EQB Inc. (EQB:CA)
- Equinox Gold Corp (EQX:CA)
- Ero Copper Corp. (ERO:CA)
- Eupraxia Pharmaceuticals Inc. (EPRX:CA)
- EV Nickel Inc. (EVNI:CA)
- Evertz Technologies Limited (ET:CA)
- Exchange Income Corporation (EIF:CA)
- Exco Technologies Limited (XTC:CA)
- Extendicare Inc. (EXE:CA)
- Fairfax Financial Holdings (FFH:CA)
- Fennec Pharmaceuticals Inc (FRX:CA)
- Fiera Capital (FSZ:CA)
- Finning Int'l (FTT:CA)
- First Hydrogen Corp. (FHYD:CA)
- First Quantum Minerals (FM:CA)
- FirstService Corp (FSV:CA)
- Foran Mining Corporation (FOM:CA)
- Fortis Inc. (FTS:CA)
- Fortuna Silver Mines Inc. (FVI:CA)
- Franco Nevada (FNV:CA)
- G Mining Ventures Corp. (GMIN:CA)
- Galaxy Digital Holdings Ltd. (GLXY:CA)
- Gamehost Inc (GH:CA)
- GDI Integrated Facility Services Inc. Subordinate Voting Shares (GDI:CA)
- George Weston (WN:CA)
- GFL Environmental Inc. (GFL:CA)
- Gildan Activewear Inc. (GIL:CA)
- goeasy Ltd. (GSY:CA)
- GoGold Resources Inc. (GGD:CA)
- Goodfellow Inc. (GDL:CA)
- Goodfood Market Corp. (FOOD:CA)
- Great-West (GWO:CA)
- GreenPower Motor Company Inc. (GPV:CA)

2025 BOURSTAD Challenge

- Groupe Dynamite Inc. Subordinate voting shares (GRGD:CA)
- Guardian Capital Group Limited Class A (GCG.A:CA)
- GURU Organic Energy Corp. (GURU:CA)
- H&R REIT (HR.UN:CA)
- Haivision Systems Inc. (HAI:CA)
- Hammond Power Solutions Inc. Class A Subordinate Voting Shares (HPS.A:CA)
- Héroux-Devtek (HRX:CA)
- High Liner Foods Inc (HLF:CA)
- Hudbay Minerals Inc. (HBM:CA)
- Hut 8 Mining Corp. (HUT:CA)
- Hydro One Ltd (H:CA)
- IAMGOLD Corp (IMG:CA)
- IGM Financial Inc. (IGM:CA)
- Imaflex Inc. (IFX:CA)
- Imperial Oil Ltd (IMO:CA)
- Industrial Alliance Insurance and Financial Services Inc. (IAG:CA)
- Information Services Corporation Class A (ISC:CA)
- Innergex Renewable Energy Inc. (INE:CA)
- Intact Financial Corporation (IFC:CA)
- Jamieson Wellness Inc. (JWEL:CA)
- K92 Mining Inc. (KNT:CA)
- Keg Royalties Income Fund (The) Units (KEG.UN:CA)
- Killam Apartment Real Estate Investment Trust (KMP.UN:CA)
- Kinaxis Inc. (KXS:CA)
- Kits Eyecare Ltd (KITS:CA)
- Knight Therapeutics Inc. (GUD:CA)
- Kraken Robotics Inc. (PNG:CA)
- Labrador Iron Ore Royalty Corporation (LIF:CA)
- Lassonde Industries Inc. Class A (LAS.A:CA)
- Laurentian Bank of Canada (LB:CA)
- Leddartech Holdings Inc. (LDTC:EGX)
- Leons Furniture Ltd (LNF:CA)
- Lightspeed POS Inc. (LSPD:CA)
- Linamar Corporation (LNR:CA)
- Loblaw (L:CA)
- Loop Industries Inc. (LOOP:EGX)
- Lundin Gold Inc. (LUG:CA)
- Lundin Mining Corp (LUN:CA)
- Magellan Aerospace Corporation (MAL:CA)
- Magna International (MG:CA)
- Mainstreet Equity Corp. (MEQ:CA)
- Manulife Financial Corporation (MFC:CA)
- Maple Leaf Foods Inc. (MFI:CA)
- Martinrea International Inc. (MRE:CA)
- MDA Ltd. (MDA:CA)
- Medexus Pharmaceuticals Inc. (MDP:CA)
- Melcor Developments Ltd. (MRD:CA)
- Methanex Corporation (MX:CA)
- Metro inc. (MRU:CA)
- Molson Coors Canada Inc. Class B (TPX.B:CA)
- MTY Food Group Inc. (MTY:CA)
- Mullen Group Ltd (MTL:CA)
- NanoXplore Inc. (GRA:CA)
- National Bank of Canada (NA:CA)
- NFI Group Inc. (NFI:CA)
- Northland Power Inc. (NPI:CA)
- NorthWest Healthcare Properties REIT (NWH.UN:CA)
- Nouveau Monde Graphite Inc. (NOU:CA)
- Nutrien Ltd (NTR:CA)
- Onex Corp. (ONEX:CA)
- Open Text Corp (OTEX:CA)
- Orbit Garant Drilling Inc. (OGD:CA)
- OrganiGram Holdings Inc (OGI:CA)
- Osisko Gold Royalties Ltd (OR:CA)
- Patriot Battery Metals Inc. (PMET:CA)
- Payfare Inc. (PAY:CA)
- Pembina Pipeline (PPL:CA)
- Pet Valu Holdings Ltd. (PET:CA)
- Peyto Exploration & Development (PEY:CA)
- PHX Energy Services Corp (PHX:CA)
- Plaza Retail REIT (PLZ.UN:CA)

Stock Market Simulation

- Polaris Infrastructure Inc. (PIF:CA)
- Pollard Banknote Limited (PBL:CA)
- Power Corporation of Canada (POW:CA)
- Precision Drilling (PD:CA)
- Premium Brands Holdings Corporation (PBH:CA)
- Propel Holdings Inc. (PRL:CA)
- PyroGenesis Canada Inc (PYR:CA)
- Quarterhill Inc. (QTRH:CA)
- Quebecor Inc (QBR.B:CA)
- Restaurant Brands International (Tim Horton/Burger King) (QSR:CA)
- Richelieu Hardware Ltd. (RCH:CA)
- Ritchie Bros. Auctioneers Inc (RBA:CA)
- Rogers Communications, cat. B (RCI.B:CA)
- Rogers Sugar Inc. (RSI:CA)
- Roots Corporation (ROOT:CA)
- Royal Bank of Canada (RY:CA)
- Russel Metals (RUS:CA)
- Saputo (SAP:CA)
- Savaria Corporation (SIS:CA)
- Shawcor Ltd (MATR:CA)
- Shopify Inc. Class A (SHOP:CA)
- Sienna Senior Living Inc. (SIA:CA)
- Sigma Lithium Corporation (SGML:CA)
- Silvercorp Metals Inc (SVM:CA)
- SilverCrest Metals Inc. (SIL:CA)
- Skeena Resources Limited (SKE:CA)
- Smart Real Estate Investment Trust (SRU.UN:CA)
- SNC-Lavalin Group Inc. (ATRL:CA)
- Sprott Inc. (SII:CA)
- Stantec Inc (STN:CA)
- Stella-Jones (SJ:CA)
- Stingray Digital Group Inc (RAY.A:CA)
- StorageVault Canada Inc. (SVI:CA)
- Sun Life Financial Inc. (SLF:CA)
- Suncor Energy (SU:CA)
- SunOpta Inc. (SOY:CA)
- Superior Plus Corp. (SPB:CA)
- Supremex Inc. (SXP:CA)
- Surge Battery Metals Inc. (NILI:CA)
- Sustainable Power & Infrastructure Split Corp. (PWI:CA)
- Teck Resources Limited Class B (TECK.B:CA)
- Tecsys (TCS:CA)
- Telesat Corporation (TSAT:CA)
- Telus (T:CA)
- TELUS International (Cda) Inc. (TIXT:CA)
- The North West Company Inc. (NWC:CA)
- The Westaim Corporation (WED:CA)
- Theratechnologies Inc. (TH:CA)
- Thinkific Labs Inc. (THNC:CA)
- Thomson Reuters (TRI:CA)
- Tidewater Renewables Ltd. (LCFS:CA)
- TMX Group (X:CA)
- Toromont Industries Ltd. (TIH:CA)
- Toronto-Dominion Bank (TD:CA)
- Tourmaline Oil Corp. (TOU:CA)
- Trans Canada Corp (TRP:CA)
- TransAlta Corporation (TA:CA)
- Transat AT (Air) (TRZ:CA)
- Transcontinental inc (TCL.A:CA)
- Transforce inc. (TFII:CA)
- Trisura Group Ltd. (TSU:CA)
- Tucows Inc. (TC:CA)
- Velan Inc. (VLN:CA)
- Veren Inc. (VRN:CA)
- VerticalScope Holdings Inc. (FORA:CA)
- Wajax Corporation (WJX:CA)
- Wall Financial Corp. (WFC:CA)
- Waste Connections (WCN:CA)
- WELL Health Technologies Corp. (WELL:CA)
- West Fraser Timber (WFG:CA)
- Westport Fuel Systems Inc. (WPRT:CA)
- Westshore Terminals Investment Corporation (WTE:CA)
- Wheaton Precious Metals (WPM:CA)
- Wildbrain Ltd. (WILD:CA)

- Wilmington Capital Management (Class A) (WCM.A:CA)
- Winpak Ltd (WPK:CA)
- WSP Global inc (WSP:CA)
- Yellow Media inc. (Y:CA)

B. Shares of US companies (150)

- 3M Corp.(MMM:EGX)
- AbbVie Inc.(ABBV)
- Adobe Inc.(ADBE:EGX)
- Advanced Micro Devices(AMD:EGX)
- Agilent Technologies(A:EGX)
- Agios Pharmaceuticals Inc(AGIO:EGX)
- Alaska Air Group(ALK:EGX)
- Amazon.com(AMZN:EGX)
- American Airlines Group(AAL:EGX)
- American Electric Power Company Inc.(AEP:EGX)
- American Express(AXP:EGX)
- American International Group(AIG:EGX)
- Amgen Inc.(AMGN:EGX)
- Apple(AAPL:EGX)
- Applied Materials Inc.(AMAT:EGX)
- Archer-Daniels-Midland Company (ADM)(ADM)
- AT&T(T:EGX)
- Atmos Energy Corp(ATO:EGX)
- Bank of America(BAC:EGX)
- Bank of New York Mellon Corporation(BK:EGX)
- Berkshire Hathaway, catégorie B(BRK.B:EGX)
- Beyond Meat Inc.(BYND:EGX)
- BlackRock Inc.(BLK:EGX)
- Boeing(BA:EGX)
- Boston Scientific Corporation(BSX:EGX)
- Broadcom Inc.(AVGO:EGX)
- Caterpillar Inc(CAT:EGX)
- Chevron(CVX:EGX)
- Cisco Systems(CSCO:EGX)
- Citigroup(C:EGX)
- Clorox Company(CLX)
- Coca Cola(KO:EGX)
- Coinbase Global Inc.(COIN:EGX)
- Comcast(CMCSA:EGX)
- ConocoPhillips(COP:EGX)
- Costco Wholesale Corporation(COST:EGX)
- CVS Health Corporation(CVS)
- D.R. Horton Inc.(DHI)
- Danaher Corporation(DHR)
- Deere & Company (DE:EGX)
- Delta Air Lines(DAL:EGX)
- Disney(DIS:EGX)
- Dollar General Corporation(DG)
- DoorDash Inc.(DASH:EGX)
- Eastman Chemical Company(EMN)
- Eaton Corporation PLC(ETN)
- eBay(EBAY:EGX)
- Edison International(EIX)
- Electronic Arts Inc.(EA:EGX)
- Eli Lilly and Company(LLY)
- Energous Corporation(WATT:EGX)
- Exxon Mobil(XOM:EGX)
- Facebook(META:EGX)
- Fedex(FDX:EGX)
- Feeport_McMoran Inc(FCX)
- Fiserv Inc.(FI)
- Ford Motor Company(F:EGX)
- Gap(GAP)
- Generac Holdings Inc.(GNRC)
- General Dynamics Corporation(GD:EGX)
- General Electric(GE:EGX)
- General Mills Inc(GIS:EGX)
- General Motors Company(GM:EGX)
- Gilead Sciences(GILD:EGX)
- Global Payments Inc.(GPN)
- Goldmam Sachs(GS:EGX)
- Google (Alphabet Inc)(GOOG:EGX)
- Hershey Co(HSY)
- Home Depot(HD:EGX)
- HP Inc.(HPQ:EGX)

Stock Market Simulation

- Hubbell Inc(HUBB)
- Illumina Inc.(ILMN:EGX)
- IMAX Corp.(IMAX)
- Intel Corp.(INTC:EGX)
- Interactive Brokers Group Inc.(IBKR:EGX)
- International Business Machine(IBM:EGX)
- International Paper Co(IP:EGX)
- J.B. Hunt Transport Services Inc.(JBHT:EGX)
- Johnson and Johnson(JNJ:EGX)
- JPMorgan Chase(JPM:EGX)
- Kellogg(K:EGX)
- Keurig Dr Pepper Inc.(KDP:EGX)
- Kraft Heinz Company(KHC:EGX)
- Levi Strauss & Co.(LEVI)
- Lowe's Companies Inc.(LOW)
- Lumen Technologies Inc.(LUMN)
- Madison Square Garden Sports Corp., cat A(MSGS)
- Marathon Digital Holdings Inc.(MARA:EGX)
- Martin Marietta Materials(MLM)
- Mastercard(MA:EGX)
- McDonald(MCD:EGX)
- Medtronic plc.(MDT)
- Merck & Co(MRK:EGX)
- MetLife Inc(MET:EGX)
- Micron Technology Inc.(MU:EGX)
- Microsoft(MSFT:EGX)
- Moderna Inc.(MRNA:EGX)
- Moody's Corporation(MCO)
- MSCI Inc(MSCI)
- Netflix(NFLX:EGX)
- New York Times(NYT)
- Newmont Mining Corp Holding Co(NEM:EGX)
- NextEra Energy(NEE)
- NextEra Energy Inc.(NEE)
- Northrop Grumman Corp Holding Co(NOC:EGX)
- Nucor Corporation(NUE)
- NVIDIA Corporation(NVDA:EGX)
- Oracle(ORCL:EGX)
- Palantir Technologies Inc. Class A(PLTR:EGX)
- PayPal Holdings(PYPL:EGX)
- PepsiCo(PEP:EGX)
- Pfizer(PFE:EGX)
- Philip Morris International(PM:EGX)
- Procter & Gamble(PG:EGX)
- Qualcomm(QCOM:EGX)
- Quanta Services Inc.(PWR)
- Rayonier Inc. REIT(RYN)
- Riot Blockchain Inc.(RIOT:EGX)
- Robinhood Markets Inc.(HOOD:EGX)
- Roper Technologies Inc.(ROP:EGX)
- Royal Caribbean Cruises Ltd.(RCL)
- Schlumberger(SLB:EGX)
- ServiceNow Inc.(NOW)
- Six Flags Entreprises Corp(FUN)
- SolarEdge Technologies Inc.(SEDG:EGX)
- Southwest Airlines(LUV:EGX)
- Square Inc. Class A(SQ)
- Starbucks Corp.(SBUX:EGX)
- Sterling Infrastructure Inc.(STRL:EGX)
- Tempur Sealy International Inc.(TPX:EGX)
- Tesla Inc(TSLA:EGX)
- Thermo Fisher Scientific Inc(TMO)
- TPI Composites Inc.(TPIC:EGX)
- Uber Technologies Inc.(UBER)
- Union Pacific Corp(UNP:EGX)
- United Parcel Service(UPS:EGX)
- UnitedHealth Group Incorporated(UNH)
- US Steel Corp(X:EGX)
- Vail Resorts Inc.(MTN)
- Verizon Communications(VZ:EGX)
- Visa(V:EGX)
- Visteon Corporation(VC:EGX)
- Wal-Mart(WMT:EGX)
- Warby Parker Inc. Class A(WRBY)
- Wayfair Inc.(W)
- Wells Fargo(WFC:EGX)

- Western Union Company(WU)
- Xerox Corporation(XRX:EGX)
- Xylem Inc. New(XYL)
- Zoom Video Communications Inc.(ZM:EGX)

C. Shares of Asian Companies(26)

- Alibaba Group Holding (BABA)
- Baidu Inc. (BIDU)
- Baozun Inc. (BZUN)
- BeiGene Ltd. (BGNE)
- China Lodging Group Limited (HTHT)
- DAQO New Energy Corp. ADS (DQ)
- Honda Motors (HMC)
- ICICI Bank Limited (IBN)
- Infosys (INFY)
- JD.com Inc. (JD)
- KB Financial Group Inc (KB)
- LG Display Co Ltd (LPL)
- Mitsubishi UFJ Financial Group Inc. (MUFG)
- Mizuho Financial Group Inc. (MFG)
- NIO Inc. (NIO)
- Nomura Holdings Inc (NMR)
- Pinduoduo Inc. (PDD)
- POSCO (PKX)
- Sea Limited (SE)
- Sony (SONY)
- Taiwan Semiconductor Manufacturing Company Ltd. (TSM)
- Takeda Pharmaceutical Company Limited (TAK)
- Tencent Music Entertainment Group (TME)
- Toyota (TM)
- Weibo Corporation (WB)
- Yum China Holdings Inc. (YUMC)
- Arcelor Mittal (MT)
- ASML Holding N.V. (ASML)
- AstraZeneca PLC (AZN)
- Banco Santander Central Hispano (SAN)
- Barclays PLC (BCS)
- BioNTech SE (BNTX)
- Birkenstock Holding plc (BIRK)
- BP Plc (BP)
- Carnival Plc (CUK)
- CNH Industrial N.V. (CNH)
- Criteo S.A. (CRTO)
- Deutsche Bank AG (DB)
- EDAP TMS S.A (EDAP)
- HSBC Holding (HSBC)
- ING GROUP NV ADS. (ING)
- Intercontinental Hotels Group (IHG)
- Koninklijke Philips N.V. (PHG)
- Linde plc (LIN)
- LM Ericsson (ERIC)
- Logitech International S.A. (LOGI)
- LyondellBasell Industries NV Class A (LYB)
- Manchester United (MANU)
- Nokia Corp (NOK)
- Novartis (NVS)
- Novo Nordisk A/S (NVO)
- Pentair plc. (PNR)
- Royal Dutch Shell (SHEL)
- RoyaNatWest Group (Royal Bank of Scotland) (NWG)
- Ryanair Holdings plc ADR (RYAAY)
- Sanofi Aventis (SNY)
- SAP AG (SAP)
- Stellantis N.V. (STLA)
- STMicroelectronics N.V. (STM)
- TE Connectivity Ltd. (TEL)
- Total SA (TTE)
- UBS AG (UBS)
- Unilever (UL)
- Vodaphone (VOD)

D. Shares of companies from Australia, South America and Africa (17)

- Accenture Plc (ACN)
- Anheuser-Busch InBev (BUD)
- Arcadium Lithium plc (ALTM)

E. Shares of European companies (41)

- Accenture Plc (ACN)
- Anheuser-Busch InBev (BUD)
- Arcadium Lithium plc (ALTM)
- Arcelor Mittal (MT)
- ASML Holding N.V. (ASML)
- AstraZeneca PLC (AZN)
- Banco Santander Central Hispano (SAN)
- Barclays PLC (BCS)
- BioNTech SE (BNTX)
- Birkenstock Holding plc (BIRK)
- BP Plc (BP)
- Carnival Plc (CUK)
- CNH Industrial N.V. (CNHI)
- Criteo S.A. (CRTO)
- Deutsche Bank AG (DB)
- EDAP TMS S.A (EDAP)
- HSBC Holding (HSBC)
- ING GROUP NV ADS. (ING)
- Intercontinental Hotels Group (IHG)
- Koninklijke Philips N.V. (PHG)
- Linde plc (LIN)
- LM Ericsson (ERIC)
- Logitech International S.A. (LOGI)
- LyondellBasell Industries NV Class A (LYB)
- Manchester United (MANU)
- Nokia Corp (NOK)
- Novartis (NVS)
- Novo Nordisk A/S (NVO)
- Orange (ORAN)
- Pentair plc. (PNR)
- Royal Dutch Shell (SHEL)
- RoyaNatWest Group (Royal Bank of Scotland) (NWG)
- Ryanair Holdings plc ADR (RYAAY)
- Sanofi Aventis (SNY)
- SAP AG (SAP)
- STMicroelectronics N.V. (STM)
- TE Connectivity Ltd. (TEL)
- Total SA (TTE)

- UBS AG (UBS)
- Unilever (UL)
- Vodaphone (VOD)

F. Exchange-Traded Index Funds – Canadian Equities (17)

- BMO Covered Call Canadian Banks ETF (ZWB:CA)
- BMO Covered Call Utilities ETF (ZWU:CA)
- Desjardins Canadian Preferred Share Index ETF (DCP:CA) (DCP:CA)
- First Asset U.S. & Canada Lifeco Income ETF (FLI:CA)
- iShares Cdn Energy Sector Index ETF (XEG:CA)
- iShares Cdn Growth Index ETF (XCG:CA)
- iShares Cdn Large Cap 60 Index ETF (XIU:CA)
- iShares Cdn Russel 2000 Index ETF (XSU:CA)
- iShares Cdn Tech Sector Index ETF (XIT:CA)
- iShares Cdn Value Index ETF (XCV:CA)
- iShares ESG Aware MSCI Canada Index ETF (XESG:CA)
- iShares MSCI Min Vol Canada Index ETF (XMV:CA)
- iShares S&P/TSX Canadian Dividend Aristocrats ETF (CDZ:CA)
- TD Active Preferred Share ETF (TPRF:CA)
- TD One-Click Aggressive ETF Portfolio (TOCA:CA)
- TD One-Click Moderate ETF Portfolio (TOCM:CA)
- Vanguard Retirement Income ETF Portfolio (VRIF:CA)

G. Exchange-traded Index funds – US and International Bonds (13)

- Invesco International Corporate Bond ETF (PICB)
- iShares Barclays TIPS Bond Fund (TIP:EGX)

- iShares Emerging Markets Local Currency Bond FNB (LEMB:EGX)
- KraneShares Asia Pacific High Income Bond ETF (KHYB)
- PowerShares Emerging Markets Sovereign Debt (PCY:EGX)
- SPDR Barclays Capital International Treasury Bond (BWX:EGX)
- SPDR Blackstone Senior Loan ETF (SR-LN:EGX)
- SPDR DB International Government Inflation-Protected Bond (WIP:EGX)
- VanEck China Bond ETF (CBON)
- VanEck Green Bond ETF (GRNB)
- Vanguard Extended Duration Treasuries Index ETF (EDV:EGX)
- Vanguard Total Bond Market Index Fund (BND:EGX)
- Vanguard Total International Bond ETF (BNDX:EGX)
- Horizons Active Cdn Municipal Bond ETF (HMP:CA)
- iiSHARES J.P. Morgan USD Emerging Markets Bond Index ETF (CAD-Hedged) (XEB:CA)
- Invesco 1-3 Year Laddered Floating Rate Note Index ETF (PFL:CA)
- iShares 0-5 Year TIPS Bond Index ETF (XSTP:CA)
- iShares 1-10 Year Laddered Government Bond Index ETF (CLG:CA)
- iShares 1-5 Year Laddered Corporate Bond Index ETF (CBO:CA)
- iShares 1-5 Year Laddered Government Bond Index ETF (CLF:CA)
- iShares 1-5 Year U.S. IG Corporate Bond Index ETF (XSHU:CA)
- iShares Cdn Corporate Bond Index ETF (XCB:CA)
- iShares Cdn Government Bond Index ETF (XGB:CA)
- iShares Cdn Long Bond Index ETF (XLB:CA)
- iShares CDN Short Bond Index ETF (XSB:CA)
- iShares Core Canadian Short Term Corporate Bond Index ETF (XSH:CA)
- iShares Core Canadian Universe Bond Index ETF (XBB:CA)
- iShares DEX Real Return Bond Index ETF (XRB:CA)
- iShares ESG Advanced 1-5 Year Canadian Corporate Bond Index ETF (XSHG:CA)
- iShares ESG Canadian Aggregate Bond Index ETF (XSAB:CA)
- iShares U.S. High Yield Bond Index ETF (CAD-Hedged) (XHY:CA)
- iShares U.S. IG Corporate Bond Index ETF (CAD-Hedged) (XIG:CA)
- Mackenzie Core Plus Canadian Fixed Income ETF Series E (MKB:CA)
- Vanguard Canadian Aggregate Bond Index ETF (VAB:CA)
- Vanguard Canadian Short-Term Bond Index ETF (VSB:CA)

H. Exchange-traded Index funds – Canadian and International Bonds (32)

- BMO Long Corporate Bond Index ETF (ZLC:CA)
- BMO Long Provincial Bond Index ETF (ZPL:CA)
- BMO Mid Corporate Bond Index ETF (ZCM:CA)
- BMO Mid Provincial Bond Index ETF (ZMP:CA)
- BMO Short Corporate Bond Index ETF (ZCS:CA)
- BMO Short Provincial Bond Index ETF (ZPS:CA)
- BMO Ultra Short-Term Bond ETF (ZST:CA)
- Desjardins 1-5 year Laddered Canadian Government Bond Index ETF (DCG:CA)
- Desjardins Canadian Universe Bond Index ETF (DCU:CA)
- First Asset Canadian Convertible Bond ETF Common (CXF:CA)

I. Exchange-Traded Index Funds – Money Market (5)

- Horizons Cash Maximizer ETF (HSAV:CA)
- iShares Premium Money Market ETF (CMR:CA)
- PIMCO Enhanced Short Maturity Strategy Fund (MINT)
- Purpose High Interest Savings ETF (PSA:CA)
- SPDR Bloomberg 1-3 Month T-Bill ETF (BIL)

J. Exchange-Traded Index Funds – US Equities (24)

- BTC iShares Russell 1000 Growth ETF (IWF)
- BTC iShares Russell 1000 Value ETF (IWD)
- ETFMG Prime Cyber Security (HACK)
- Global X U.S. Infrastructure Development ETF (PAVE)
- Health Care Select Sector SPDR Fund (XLV)
- Invesco Cleantech ETF (ERTH)
- Invesco S&P 500 Revenue ETF (RWL)
- Invesco S&P SmallCap 600 Revenue ETF (RWJ)
- iShares Cdn S&P 500 Index Fund (XSP:CA)
- iShares NASDAQ 100 Index ETF (CAD-Hedged) (XQQ:CA)
- iShares US Fundamental Index ETF (CLU:AQN)
- PowerShares Aerospace & Defense Portfolio (PPA)
- Powershares QQQ (QQQ)
- PowerShares Wilderhill Clean Energy Portfolio (PBW)
- S&P 500 Dep. R. (unités de l'indice s&p) (SPY)
- S&P Consumer Discretionary sector SPDR (XLY)
- S&P Consumer Staples sector SPDR (XLP)
- S&P Energy sector SPDR (XLE)
- S&P Financials sector SPDR (XLF)
- S&P Industrial sector SPDR (XLI)
- S&P Technology sector SPDR (XLK)

- S&P Utilities sector SPDR (XLU)
- SPDR KBW Regional Banking (KRE)
- SPDR Series Trust SSGA Gender Diversity Index (SHE)

K. Exchange-traded Index Funds – International Equities (21)

- Goldman Sachs ActiveBeta Emerging Markets Equity (GEM)
- Guggenheim Solar ETF (TAN)
- iShares FTSE/Xinhua China 25 Index Fund (FXI)
- iShares Global Agriculture Index ETF (COW:CA)
- iShares Global Healthcare Index ETF (CAD-Hedged) (XHC:CA)
- iShares MSCI EAFE Index Fund (CAD-Hedged) FNB (XIN:CA)
- iShares MSCI-Australia (EWA)
- iShares MSCI-France (EWQ)
- iShares MSCI-Germany (EWG)
- iShares MSCI-Hong Kong (EWH)
- iShares MSCI-Japan (EWJ)
- iShares MSCI-Mexico (EWW)
- iShares MSCI-Spain (EWP)
- iShares MSCI South Korea (EWY:EGX)
- iShares MSCI Taiwan (EWT:EGX)
- iShares MSCI-United Kingdom (EWU)
- iShares Robotics and Artificial Intelligence Multisector ETF (IRBO)
- iShares S&P Global Timber & Forestry Index Fund (WOOD)
- JPMorgan Diversified Return Emerging Markets Equity (JPEM)
- TD Active Global Enhanced Dividend ETF (TGED:CA)
- TD Active Global Infrastructure Equity ETF (TINF:CA)

L. Currencies(6)

- Australian dollar (\$AUDUSD)
- US Dollar (\$USDCAD)

- Euro (\$EURUSD)
- Swiss Franc (\$CHFUSD)
- British Pound (\$GBPUSD)
- Yen (\$JPYUSD)

M. Actively Managed Mutual Funds (36)

- Beutel Goodman American Equity Fund, Class D (BTG774:CA)
- Beutel Goodman Canadian Equity Fund Class D (BTG770:CA)
- Beutel Goodman Money Market Fund D (BTG773:CA)
- BlueBay Global Convertible Bond Fund (Cda) D (RBF1090:CA)
- Desjardins American Equity Growth Curr Neut Fd D (DJT07162:CA)
- Desjardins Canadian Bond Fund D Class (DJT07006:CA)
- Desjardins Global Infrastructure Fund Series D (DJT07148:CA)
- Desjardins SocieTerra Canadian Equity Fund D (DJT07165:CA)
- Desjardins SocieTerra Diversity Fund, Series D (DJT07177:CA)
- Mackenzie All China Equity Fund Series D (MFC5302:CA)
- Mackenzie Canadian Small Cap Fund Series D (MFC4667:CA)
- Mackenzie Corporate Bond Fund Series D (MFC4629:CA)
- Mackenzie Ivy European Fund, Series D (MFC8454:CA)
- NBI Jarislowsky Fraser Select Canadian Equity Fund F Series (NBC3702:CA)
- NBI Preferred Equity Income Fund F Series (NBC780:CA)
- NBI Quebec Growth Fund F Series (NBC760:CA)
- NBI Small Cap Fund F Series (NBC741:CA)
- PH&N U.S. Dividend Income Fund Series D (RBF1460:CA)
- PH&N U.S. Equity Fund - D Series (RBF1160:CA)
- RBC Global High Yield Fund Series D (RBF1010:CA)
- RBC Jantzi Canadian Equity D (RBF1043:CA)
- RBC Jantzi Global Equity D (RBF1045:CA)
- RBC Japanese Equity Fund D (RBF1076:CA)
- RBC QUBE Low Volatility U.S. Equity Currency Neutral D (RBF1432:CA)
- RBC U.S. Mid-Cap Growth Equity U\$ D (RBF1027:CA)
- RBC Vision Fossil Fuel Free Global Equity Fund D (RBF1430:CA)
- TD Alternative Risk Focused Pool Series D (TDB2372:CA)
- TD Balanced Growth Fund - D (TDB3533:CA)
- TD Canadian Equity Fund - D (TDB3089:CA)
- TD Canadian Low Volatility - D (TDB3045:CA)
- TD Emerging Markets Fund - D Series (TDB3535:CA)
- TD Global Entertainment and Communications Fund (US\$) - D (TDB3014:CA)
- TD North American Sustainability Balanced - D (TDB2213:CA)
- TD North American Sustainability Equity Fund D (TDB2231:CA)
- TD Science & Technology Fund - D (TDB3098:CA)
- TD Ultra Short Term Bond Fund - D (TDB3078:CA)

N. Commodity Funds (7)

- CI Galaxy Ethereum ETF (ETHX.B:CA)
- Invesco Optimum Yield Diversified Commodity (PDBC)
- iPath Bloomberg Commodity Index Total Return ETN (DJP)
- ProShares Bitcoin Strategy ETF (BITO)
- Royal Canadian Mint - Canadian Gold Reserves (MNT:CA)
- SPDR Gold Trust (GLD)

- The Bitcoin Fund (QBTC:CA)

2. Additional securities of the *Bourstad Plus Portfolio*

A. Exchange-traded leveraged index funds traded in Canada (10)

- BetaPro Canadian Gold Miners -2x Daily Bear ETF (HGD:CA)
- BetaPro Canadian Gold Miners 2x Daily Bull ETF (HGU:CA)
- BetaPro Crude Oil -2x Daily Bear ETF (HOD:CA)
- BetaPro Crude Oil 2x Daily Bull ETF (HOU:CA)
- BetaPro S&P 500 -2x Daily Bear ETF (HSD:CA)
- BetaPro S&P 500 2x Daily Bull ETF (HSU:CA)
- BetaPro S&P/TSX 60 -2x Daily Bear ETF (HXD:CA)
- BetaPro S&P/TSX 60 2x Daily Bull ETF (HXU:CA)
- BetaPro S&P/TSX Capped Financials -2x Daily Bear ETF (HFD:CA)
- BetaPro S&P/TSX Capped Financials 2x Daily Bull ETF (HFU:CA)

B. US leveraged index funds traded in the United States (28)

- Direxion Daily Aerospace & Defense Bull 3X Shares (DFEN)
- Direxion Daily FTSE China Bull 3X Shares (YINN)
- Direxion Daily Regional Banks Bull 3X Shares (DPST)
- Direxion Daily Semiconductor Bear 3x Shares (SOXS)
- Direxion Daily Semiconductor Bull 3x Shares (SOXL)
- Direxion Daily South Korea Bull 3X Shares (KORU)

- Direxion Emerging Markets Bear 3X Shares (EDZ)
- Direxion Emerging Markets Bull 3X Shares (EDC)
- ProShares Short VIX Short Term Futures (SVXY)
- ProShares Trust Ultra VIX Short Term Futures (UVXY)
- ProShares Ultra 20+ Year Treasury Bond Short/Bearish Leveraged ETF (TBT)
- ProShares Ultra 20+ Year Treasury Leveraged ETF (UBT)
- ProShares Ultra Dow 30 Leveraged Fund (DDM) Top 100 (DDM)
- ProShares Ultra Dow 30 Short/Bearish Leveraged Fund (DXD)
- ProShares Ultra Euro Leveraged ETF (ULE)
- ProShares Ultra Euro Short/Bearish Leveraged ETF (EUO)
- ProShares Ultra Financials Leveraged Leveraged Fund (UYG)
- ProShares Ultra Financials Short/Bearish Leveraged Fund (SKF)
- ProShares Ultra Nasdaq Biotechnology Leveraged ETF (BIB)
- ProShares Ultra Nasdaq Biotechnology Short/Bearish Leveraged ETF (BIS)
- ProShares Ultra QQQ Leveraged Fund (QLD)
- ProShares Ultra QQQ Short/Bearish Leveraged Fund (QID)
- ProShares Ultra Real Estate Leveraged Fund (URE)
- ProShares Ultra Real Estate Short/Bearish Leveraged Fund (SRS)
- ProShares Ultra Russell 2000 Leveraged Fund (UWM)
- ProShares Ultra Russell 2000 Short/Bearish Leveraged Fund (TWM)
- ProShares Ultra Yen Leveraged ETF (YCL)
- ProShares Ultra Yen Short/Bearish Leveraged ETF (YCS)

C. Options on Canadian Equities and ETFs (72)

- Call on Alimentation Couche-Tard Inc., June 25 \$AA
- Put on Alimentation Couche-Tard Inc., June 25 \$AA
- Call on Alimentation Couche-Tard Inc., September 25 \$AA
- Put on Alimentation Couche-Tard Inc., September 25 \$AA
- Call on Alimentation Couche-Tard Inc., January 26 \$AA
- Put on Alimentation Couche-Tard Inc., January 26 \$AA
- Call on Barrick Gold, June 25 \$BB
- Put on Barrick Gold, June 25 \$BB
- Call on Barrick Gold, January 26 \$BB
- Put on Barrick Gold, January 26 \$BB
- Call on Barrick Gold, January 27 \$BB
- Put on Barrick Gold, January 27 \$BB
- Call on BCE Inc., May 25 \$CC
- Put on BCE Inc., May 25 \$CC
- Call on BCE Inc., January 26 \$CC
- Put on BCE Inc., January 26 \$CC
- Call on Enbridge Inc., June 25 \$DD
- Put on Enbridge Inc., June 25 \$DD
- Call on Enbridge Inc., January 26 \$DD
- Put on Enbridge Inc., January 26 \$DD
- Call on Enbridge Inc., January 27 \$DD
- Put on Enbridge Inc., January 27 \$DD
- Call on iShares Cdn Large Cap 60 Index ETF, June 25 \$EE
- Put on iShares Cdn Large Cap 60 Index ETF, June 25 \$EE
- Call on iShares Cdn Large Cap 60 Index ETF, June 25 \$FF
- Put on iShares Cdn Large Cap 60 Index ETF, June 25 \$FF
- Call on iShares Cdn Large Cap 60 Index ETF, June 25 \$GG
- Put on iShares Cdn Large Cap 60 Index ETF, June 25 \$GG
- Call on iShares Core Canadian Corporate Bond Index ETF, May 25 \$HH
- Put on iShares Core Canadian Corporate Bond Index ETF, May 25 \$HH
- Call on iShares Core Canadian Corporate Bond Index ETF, December 25 \$II
- Put on iShares Core Canadian Corporate Bond Index ETF, December 25 \$II
- Call on BetaPro Canadian Gold Miners 2x Daily Bull ETF, May 25 \$JJ
- Put on BetaPro Canadian Gold Miners 2x Daily Bull ETF, May 25 \$JJ
- Call on BetaPro Canadian Gold Miners -2x Daily Bear ETF, May 25 \$KK
- Put on BetaPro Canadian Gold Miners -2x Daily Bear ETF, May 25 \$KK
- Call on iShares Cdn S&P 500 Index Fund, June 25 \$LL
- Put on iShares Cdn S&P 500 Index Fund, June 25 \$LL
- Call on iShares Cdn Russel 2000 Index ETF, June 25 \$MM
- Put on iShares Cdn Russel 2000 Index ETF, June 25 \$MM
- Call on Suncor Energy Inc., May 25 \$NN
- Put on Suncor Energy Inc., May 25 \$NN
- Call on Suncor Energy Inc., September 25 \$NN
- Put on Suncor Energy Inc., September 25 \$NN
- Call on Suncor Energy Inc., December 25 \$NN
- Put on Suncor Energy Inc., December 25 \$NN
- Call on Bank of Montreal, June 25 \$OO
- Put on Bank of Montreal, June 25 \$OO
- Call on Bank of Montreal, September 25 \$OO
- Put on Bank of Montreal, September 25 \$OO
- Call on Bank of Montreal, January 26 \$OO
- Put on Bank of Montreal, January 26 \$OO
- Call on Linamar Corporation, September 25 \$PP

- Put on Linamar Corporation, September 25 \$PP
- Call on Linamar Corporation, September 25 \$QQ
- Put on Linamar Corporation, September 25 \$QQ
- Call on CN, June 25 \$RR
- Put on CN, June 25 \$RR
- Call on CN, December 25 \$RR
- Put on CN, December 25 \$RR
- Call on Nutrien Ltd, June 25 \$SS
- Put on Nutrien Ltd, June 25 \$SS
- Call on Nutrien Ltd, December 25 \$SS
- Put on Nutrien Ltd, December 25 \$SS
- Call on Hydro One Ltd, June 25 \$TT
- Put on Hydro One Ltd, June 25 \$TT
- Call on Hydro One Ltd, December 25 \$TT
- Put on Hydro One Ltd, December 25 \$TT
- Call on Vanguard Canadian Short-Term Bond Index ETF, June 25 \$UU
- Put on Vanguard Canadian Short-Term Bond Index ETF, June 25 \$UU
- Call on Vanguard Canadian Short-Term Bond Index ETF, September 25 \$UU
- Put on Vanguard Canadian Short-Term Bond Index ETF, September 25 \$UU

Gold Sponsors



Silver Sponsors



